

CURRICULUM VITAE

Theocharoula KONTOULI

NEPHROLOGY SPECIALIST

PERSONAL INFORMATION

Full name: Theocharoula KONTOULI
Date of Birth: 6 October 1975
Place of Birth: Athens, Greece
Nationality: Greek
Gender: Female
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Family status: Married, two children

CURRENT POSITIONS

- December 2012 to date: Nephrology associate, Regular Nephrology Outpatient Clinic, Athens Medical Center of Palaio Faliro, Attica, Greece.
- November 2013 to date: Nephrology specialist at the Artificial Kidney Unit, Nephrology Associate at the Departments of Internal Medicine and Nephrology, 'Hippocrates-General Clinic of Piraeus', Attica, Greece.
- July 2014 to date: Nephrology associate, 'Metropolitan' Private Hospital, Athens, Attica, Greece.
- July 2014 to date: Nephrology Specialist in Private Practice. The Office is located in the center of Piraeus (171, Karaïskou st & Skouze st), Attica, Greece.
- February 2015 to date: Member of the Audit Committee on the Establishment and Operation of Chronic Hemodialysis Units, Directorate of Public Health, Prefecture of Attica, Greece.

COMPULSORY RURAL PRACTICE

- 29012001 to 28012002. Compulsory Rural Practice at the Artificial Kidney Unit with synchronous service at the Division of Internal Medicine of the Emergency Department, General Prefectural Hospital of Livadia, Viotia, Greece.

EDUCATION – POST GRADUATE EDUCATION & TRAINING – DIPLOMAS

(Chronologically ordered from oldest to newest)

Secondary Education:

- 1992 Graduated from the Model Comprehensive High School of Piraeus, Attica, Greece.

Undergraduate Education:

- 1993 – 1999 School of Medicine, University of Craiova, Romania.
- 20-9-1999 School of Medicine Graduate, University of Craiova, Romania
Degree Grade: 9.02.

Undergraduate thesis: Study of hemodynamic parameters predicting hepatorenal syndrome (HRS). Grade: 09/99 (Excellent).

- 1882000: Recognition of the Bachelor of Medicine awarded by the University of Craiova, Romania by the ‘Hellenic National Academic Recognition and Information Center’.

Post Graduate Education & Training:

(Chronologically ordered from oldest to newest)

- 11102000 to 10012001: Compulsory three-month training at the Departments of Internal Medicine, Cardiology, Surgery, Outpatient and their respective divisions at the Emergency Department, General Prefectural Hospital of Livadia, Viotia, Greece.
- 1722004 to 17112005: Resident, 2nd Department of Internal Medicine, ‘Agios Panteleimon’ General Prefectural Hospital of Nikaia – Piraeus, Attica, Greece.
- 1942007 to 24-04-2011: Resident, Department of Nephrology, ‘Agios Panteleimon’ General Prefectural Hospital of Nikaia – Piraeus, Attica, Greece.
- Head of the Fabry disease division during residency at the Department of Nephrology, ‘Agios Panteleimon’ General Prefectural Hospital of Nikaia – Piraeus, Attica, Greece.
- Participation in the educational program of the Department of Nephrology, ‘Agios Panteleimon’ General Prefectural Hospital of Nikaia – Piraeus, Attica, Greece.
- Certificate in Computer Medical Office Automation and Organization

Languages:

- Greek : Mother language
- English : Cambridge First Certificate in English (FCE)
- French : Sorbonne (I)
- Romanian : Full professional proficiency (Language Diploma and Teaching Permit)

CLINICAL AND ACADEMIC POSITIONS

(Chronologically ordered from oldest to newest)

- 2822002 to 16122003: Associate at the Department of Internal Medicine, Associate at the Artificial Kidney Unit, Athens Medical Center ‘IASIS’, Piraeus, Attica, Greece.

- 20112005 to 2332007: Regular associate at the Department of Internal Medicine, Physician on Duty at the Emergency Department, Metropolitan Private Hospital, Athens, Attica, Greece.
- 07-2011 to 05-2012: Nephrology Specialist at the 'FRONTIS', Elefsina, Piraeus, Attica, Greece.
- 05-2012 to 11-2012: Scientifically responsible of the Department of Nephrology and Artificial Kidney Unit, 'Agios Nikolaos' Private Hospital, MERIMNA SA, Piraeus, Attica, Greece.

PARTICIPATION IN SCIENTIFIC MEETINGS

(Chronologically ordered from oldest to newest)

- Participation as speaker in the educational program of the 2nd Department of Internal Medicine, 'Agios Panteleimon' General Prefectural Hospital of Nikaia – Piraeus, Attica, Greece, on the following subjects:
 - 15112004: Infections – Septic syndrome
 - 26112004: Salmonellosis – Shigellosis
 - 13122004: Respiratory System – Pleural Effusion
 - 1312005: Cardiac Diseases – Atrial Fibrillation – Atrial flutter
 - 822005: Endocrine Disorders – Hypothyroidism
 - 2122005: Disorders of the hematopoietic system – Vasoocclusive crisis – Aplastic anemia
 - 332005: Thrombocytopenias
 - 2832005: Sarcoidosis Amyloidosis
 - 542005: Intestinal ischemia – Arterial obstruction
 - 1542005: Uropoietic system Nephrotic syndrome
 - 552005: Differential diagnosis of Constipation
 - 1852005: Differential diagnosis of Splenomegaly
- 7th Pan-Hellenic Congress of Internal Medicine, Athens, 20 October 2001
- 10th Post-Educational Seminar titled 'Timely diagnosis and treatment of pediatric hypacusia'
- Seminar, 'ATTIKON' University General Hospital, 18 May to 18 June 2004.
Subject: Rational Use of Antibiotics (Professor E. Giamarellou)
- 13th Pan-Hellenic Congress of Nephrology, 16-19 June 2004.

- Seminar held by the Hellenic Society of Biology Research for the Digestive System, 4-7 October 2004

Subject: Molecular Biology of the Digestive System

- 11th Pan-Hellenic Congress of Internal Medicine, 1015 October 2005
- 56th Annual Meeting of the American Association for the Study of Liver Diseases, San Francisco, 1115 November 2005
- 17th Pan-Hellenic Congress of General Medicine, 48 May 2005
- Educational Conferences on Primary Health Care “G. Papadakis”, February 2006
- 32nd Annual Pan-Hellenic Medical Congress, 13 May 2006
- Educational Days on Internal Medicine 2007 held by the 2rd Department of Internal Medicine, University of Athens
- 4th Piraeus Medical Congress, 2-4 December 2004
- Annual post-educational seminar titled ‘Liquid electrolytes and acid-base balance’, 28-29 September 2007
- Scientific Seminar titled ‘Principles of Medical Statistics, November 2009
- 33rd Annual Pan-Hellenic Medical Congress, 5 May 2007
- 9th European Round Table on Fabry disease, 1718 October 2008
- Pan-European Congress of Nephrology (XLV ERAEDTA Congress) Stockholm, 1012 May 2008
- 34th Annual Pan-Hellenic Medical Congress, 24 May 2008
- “Mastering the How” of effective medical communications: oral presentations, 23 May 2008
- 78th Scientific Meeting of the Hellenic Society of Nephrology, November 2009
- Pan-European Congress of Nephrology (WCN Milan 2009)
- 8th Seminar of Continuing Medical Education for Nephrology, 2123 October 2010
- 36th Annual Pan-Hellenic Medical Congress, 8 May 2010
- Pan-European Congress of Nephrology, Prague, 2011
- 16th Pan-Hellenic Congress of Nephrology, June 2010
- 5th Educational Seminar in Nephrology, 1923 January 2011

- 4th Piraean Medical Congress, 24 December 2004

1st Subject: Sporadic cases of Hepatitis C related to age, gender, origin and genotype.
(C. Drakoulis, T. Kontouli, K. Chrysochoidis, K. Xanthopoulos, G. Paloglou, V. Georgoulas, S. Samaras, M. Minadaki)

2nd Subject: Positive seroreactions in patients with nonalcoholic steatohepatitis (NASH).
(C. Drakoulis, G. Xanthopoulos, T. Kontouli, K. Xanthopoulos, K. Chrysochoidis, S. Archontakis, C. Sarafoglou, A. Stambolidi, M. Minadaki)

3rd Subject: Sideropenic anemia in a 16-year-old adolescent.
(X. Bilinis, C. Drakoulis, S. Kougialis, C. Samaras, T. Kontouli, C. Sarafoglou, X. Mali, P. Kalogeris, M. Minadaki)

4th Subject: Biochemical and serological profile in patients with autoimmune liver disease.
(C. Drakoulis, S. Archontakis, S. Nikolaou, E. Katsadorou, T. Kontouli, M. Minadaki, K. Georgakopoulos, E. Katsadorou, V. Koronaios)

5th Subject: Drug-induced hepatotoxicity and type of liver biology disorder.
(C. Drakoulis, S. Nikolaou, K. Georgakopoulos, T. Kontouli, M. Minadaki, V. Paloglou, N. Iliopoulos, A. Moles)

- 9th Pan-Hellenic Conference on Hepatology, 4-7 May 2005.

Subject: Response of Chronic Hepatitis C patients, former intravenous drug users, to combined treatment with Peginterferon and Ribavirin.
(A. Chounta, C. Drakoulis, C. Ellinas, T. Kontouli, S. Savanis, O. Olga, E. Peteine, M. Minadaki, E. Giamarellou)

- 17th Pan-Hellenic Congress of General Medicine, 4-8 May 2005.

Subject: Severe Hepatic Necrosis induced by NSAIDs.
(C. Drakoulis, K. Hatzioakeimidis, T. Kontouli, R. Rapti, M. Areto, O. Mina, E. Prasi)

- Pan-Hellenic Medical Congress, 17-21 May 2005

Subject: Liver tumors diagnosed within the framework of our Hepatology Clinic operation.
(C. Drakoulis, O. Mina, T. Kontouli, K. Hatzioakeimidis, M. Minadaki, N. Tampouris, C. Tsatsaki, A. Moles)

- 11th Conference of the European Society of General Practice Family Medicine, 3-7 September 2005.

Subject: Sporadic Cases of Hepatitis C and B.

(C. Drakoulis, T. Christopoulos, C. Tsatsaki, T. Kontouli, K. Georgakopoulos, D. Vini, G. Xanthopoulos, M. Drosou, K. Hatzioakeimidis)

- 7th European Conference on Chemotherapy and Infection, 1922 October 2005

Subject: Chronic hepatitis C infection with unknown mode of transmission; genotype and demographic associations.

(C. Drakoulis, A. Chounta, S. Tsiondras, S. Nikolaou, S. Zoundakis, E. Karaiskos, T. Kontouli, M. Theodorou, H. Giamarellou)

- 16th Pan-Hellenic Congress of Hematology, 1619 November 2005

Subject: Statistical records of anemia inpatients over a 14-year time span. (1990-2004)

- Regular Scientific Event held by 'Metropolitan' Private Hospital, 14 December 2006

Subject: A patient with inflammatory bowel disease (IBD) and thromboembolic events: A case report.

[A. Athanasouli, G. Gkoni, T. Kontouli (speaker)]

- 15th Pan-Hellenic Congress of Nephrology, 1821 June 2008

Subject: The impact of hemoglobin level variability on the treatment of hemodialysis patients with erythropoietic factors: Greek data.

(I. Makriniotou, P. Kalocheritis, I. Revella, T. Kontouli, A. Drouzas, E. Stefanopoulou, K. Mpletsa, C. Iatrou)

- 78th Scientific Meeting of the Hellenic Society of Nephrology, November 2009

1st Subject: De novo systemic lupus erythematosus (SLE) and pulmonary hemorrhage (P-Hem) in a pre-eclampsia patient.

(T. Kontouli, G. Papamavrou, A. Schoinas, S. Zerbala, P. Kalocheritis, C. Iatrou)

2nd Subject: Acute renal failure (ARF) in a patient with primary renal lymphoma and immunoglobulin A (IgA) nephropathy.

(T. Kontouli, G. Papamavrou, I. Revella, I. Makriniotou, P. Kalocheritis, C. Iatrou)

- 16th Pan-Hellenic Congress of Nephrology, June, 2010

1st Subject: Immunoglobulin A (IgA) nephropathy course: correlation of clinical manifestation, histological lesion and therapy.

[S. Zerbala, G. Moustakas, T. Kontouli (speaker), I. Revella, G. Anagnostopoulou, C. Iatrou]

2nd Subject: Immunoglobulin A (IgA) nephropathy therapy: daily versus q.a.d. administration of corticoids.

(S. Zerbala, P. Kalliakmani, G. Moustakas, I. Revella, T. Kontouli, G. Anagnostopoulou, D. Goumenos, C. Iatrou)

RESEARCH

- Participation in a Protocol of Astra Zeneca (duration: 4 years)
- Participation in the VITAL Study of ABBOT (duration: 2 years).

ORGANIZATION & ADMINISTRATION

- First runner-up at the Board of Directors members election process of the Medical Association of Piraeus, October 2014